

ESSA

Registered Charity No 1025713

RYA Training Centre www.essa.org.uk

Sailing Centre:- Central Lagoon, Meadgate Road, Nazeing, Essex

Base 01992 447989 Mobile 07773 449205 Email marion@essa.org.uk

GLN Raft Race Sunday 12th June 2011 10.00-16.00

Group Name

Contact Name & Address

Contact Telephone..... Mobile.....

Contact email.....

Leader/s in charge 12.6.11.....

TEAM NAME..... Min 4 Max 6...Scouts...

1.....

2.....

3.....

4.....

5.....

6.....

It is the responsibility of Leaders to obtain parental consent for activity participation, consent to have their photograph taken for ESSA promotional usage, medical details, confirmation that Scouts can swim 50 metres and are water confident. Any change of team members must be notified on the day.

Each team member should bring a packed lunch, drink, spare change of clothing, hat & sun cream, waterproof jacket, soft trainers, towel and a plastic bag for wet clothes.

Medical Details

Please list overleaf, the names of participants who have learning difficulties or adverse medical conditions that we should be made aware of, i.e. Diabetic/asthma /epileptic/allergies etc. On the day, also advise details of any medication taken.

Raft building equipment may be brought on site a few days before the event at your own risk. If you wish to hire ESSA rafting equipment (£3.50 per set), please book as early as possible.

Amount enclosed £..... £3.00 per person (Cheque payable to E S S A)

Return form & payment to:-

Marion Caslake, GLN Raft Race, 9 Pollards Close, Goffs Oak, Herts EN7 5JP